President’s Report & Honor Roll of Donors
July 1, 2015 to June 30, 2016
Contents

1  Message from the President
3  Working Together to Achieve Wellness
5  Wellness Philosophy
6  Mount Creates a Model for Good Health
8  Weaving CSJ’s Legacy Into Mount Education’s Future
9  Building a Culture of Research
10 Experiencing Education Through Different Perspectives
13 Honor Roll of Donors
13  President’s Circle
14  Leadership Circle
14  Mount Associates
15  Carondelet Circle
19  Purple and Gold Circle
22  Matching Gift Companies
22  Alum Volunteers
22  Doheny Docents
22  Heritage Society
23  Endowments
24  Scholarships
26  Charter/Lifetime Mount Associates
26  Alum Board
27  Board of Trustees
27  President’s Cabinet
27  Regents Council
28  Fiscal Report
Message from the President

Dear Friends,

As I enter my sixth year at Mount Saint Mary's University, I am reminded that when we come together as a community, we are truly unstoppable. Our students, faculty, staff and alumnae are working collaboratively in new and exciting ways that fuel our passion and determination to achieve the bold goals we have set for ourselves. I am inspired by the innovative programs and initiatives happening on our campuses.

This fall, we launched a comprehensive Wellness Movement. We are excited to build a culture of wellness that is inclusive, dynamic and empowering. Inside this President’s Report & Honor Roll of Donors, you will read about the work being done by the Wellness Council, led by our first chief wellness officer, Dr. Bryant Adibe. Together, Dr. Adibe and the members of the council are laying the foundation for this very important initiative. You will also get a bird’s eye view of the Wellness Pavilion at Chalon and learn about our groundbreaking Healthy Healthcare Provider Program.

In the next few pages, you will also read about how collaboration plays a significant role in our recent academic achievements. Our faculty worked together to revise our core curriculum, a significant undertaking that involved months of research and planning. Also, over the summer, students and faculty reached across disciplines to do research on subjects that ranged from the scientific to the literary.

At Mount Saint Mary’s, we dream big — all because of your support. You have our deepest gratitude.

Sincerely,

Ann McElaney-Johnson
As the Mount’s chief wellness officer, Bryant Adibe, MD, leads a 20-member council comprised of faculty, staff and student representatives.
Innovation in Action

Working together to achieve wellness

The Wellness Movement promotes health for the individual through community effort.

Sleep well, eat healthy, manage stress and stay active — this is the prescription guiding Mount Saint Mary’s innovative Wellness Movement launched this fall to help our entire community achieve and maintain optimal health.

The University’s focus on wellness responds to research findings that health, energy and resilience are deeply intertwined with successful leadership and academic success. The movement will span both campuses and engage students, faculty and staff to improve their stress management, nutrition, physical activity and sleep habits — the most effective ways to help prevent chronic disease and achieve optimal health.

Bryant Adibe, MD, assistant professor of physical therapy and health policy and management, has been named Mount Saint Mary’s first chief wellness officer. Adibe is responsible for developing and implementing a comprehensive wellness initiative along with a 20-member Wellness Council comprised of faculty, staff and student representatives.

Adibe initiated a community-wide needs assessment that will inform future wellness programs. He has also convened students, faculty and staff to build a culture of wellness that is inclusive and accessible.

“I believe in supporting a movement that empowers our students to become leaders in all aspects of their lives, including leaders in their own health,” said Adibe.

A key component of the movement is a new Wellness Pavilion at Chalon that will provide unique spaces for collaborative learning, such as a Wellness Hub for peer-to-peer support and an advanced training lab for our doctorate in physical therapy students to provide health assessments for students.
What our MSMU wellness experts say

on stress
“An innovative component of the Wellness Movement will include teaching students about resiliency, which is the ability to adapt to changes and keep going in the face of adversity. Students need to manage their emotions in order to become successful on campus and in their personal and professional lives.”
Susan K. Salem, PhD, director of counseling & psychological services

on nutrition
“Proper nutrition is essential to overall health and performance. Like the adage ‘you are what you eat,’ how you fuel yourself will dictate body and soul wellness. Together as a community, we can learn, teach and cultivate wellness at our University and beyond.”
Gerardo Palma, general manager of food services

on physical activity
“College is a time to develop lifelong habits and it is important for everyone in the Mount community to include regular exercise in their weekly routines. Leading an active lifestyle can improve not only their health, but also reduce the risk of several diseases, improve mood, boost energy and have a positive impact on academic outcomes.”
Autumn Johnson, director of sports & wellness

on sleep
“Regardless of age, we all need sleep for our nervous systems to work properly. The lack of sleep can impair memory and mental and physical performance, areas that often are critical to student success.”
Beryl Salvatore, RN, director of student health services
Mount Saint Mary’s wellness philosophy

At Mount Saint Mary’s University, we believe it is our responsibility to respond to the needs of the times. And the times are calling for strong, confident and resilient leaders. Research indicates that health, energy and resilience are deeply intertwined with successful leadership. As an institution founded on the principles of leadership and service, Mount Saint Mary’s graduates will need to be healthy as they carry forward our mission and are called to respond to the pressing issues facing society. That’s why we are getting healthy.

Our entire community — students, faculty, staff and alumnae — are launching a Wellness Movement that will transform our campuses and our culture. We will provide resources, experts and inspiration to help our community become, and remain, healthier. Along the way, we will eat better, sleep more, learn to manage our stress, and get fit.

We will meet our community where they are in terms of wellness, and work together to achieve optimal health.

Our Wellness Movement will be accessible. It will be fun. And it will be challenging.

But we’re up for the challenge. That’s why we call ourselves unstoppable. And since we’re unstoppable, we’re not stopping with just our students and just our campuses. Over half of our students graduate with degrees in the health sciences. By giving our graduates the tools they need to be healthy, they will then pay it forward to their future patients and clients for years to come.

Currently, one out of two Americans is affected with a chronic health condition, and college campuses are not immune to these health issues. We must do better, not only for our students — our future leaders — but for those whom they will go on to serve.

In short, we will become a model for healthy, vigorous living and we will lead the way for colleges and universities across the nation.

As a women’s university in one of the most dynamic cities in the country, with one of the most diverse student populations in the nation, we will drive the agenda for health and wellness nationally. Join us — let’s get healthy together.
Mount creates a model for good health

Sixty percent of Mount graduates work in health-related fields. Our future nurses, physical therapists, physicians, psychologists and social workers must understand that their health will have a direct impact on patient care. That means it is our job to graduate healthy leaders who will model wellness. The good news is we have an exciting and far reaching initiative to do just that.

The Mount’s newly created Healthy Healthcare Provider Program is the first of its kind in Southern California. The program will train healthcare majors to educate and engage the broader student population to become and remain healthy. Students will conduct workshops, lead fitness activities and coach their peers to create a culture of wellness.

Healthcare students will undergo intensive training to become experts in stress management, nutrition, physical activity and healthy sleep habits. Along the way, they will earn Certified Resilient status, a rigorous process that will ensure they are prepared to take on the challenges they will encounter in their future careers. Mount graduates will show up to work every day with the resilience to provide quality care in the face of tremendous stress. They will be role models in their fields.

Grants from the UniHealth Foundation and the Joseph Drown Foundation have provided the funds to develop and implement the Healthy Healthcare Provider Program, which we believe has the potential to become a national model.
We’re making progress!

Thanks to the generous support of several foundations, alumnae and friends, the University has raised $21.6 million to date for the Wellness Pavilion. The most recent major gifts have come from the Ahmanson Foundation, which awarded the Mount $1 million for the construction of the Pavilion; the Fletcher Jones Foundation, which donated $400,000; and the Ralph M. Parsons Foundation, which made a gift of $300,000.

We are also grateful to the Thomas and Dorothy Leavey Foundation for its matching challenge grant to support the Wellness Pavilion. For information about how to participate in the challenge, please contact Stephanie Cubba, vice president for institutional advancement, at 213.477.2766.

These renderings show the location of the Wellness Pavilion. It will sit at the top of the Chalon Campus, where the current gym and pool are located.
Innovation in Academics

Weaving CSJ’s legacy into Mount education’s future

The new core curriculum incorporates Mount Saint Mary’s Five Pillars of Distinction.

In 1650, the Sisters of St. Joseph taught the craft of lace making to help women lift themselves from poverty and transform their lives. Today, the Mount remains committed to this philosophy of empowering women through education. As a way of bringing together our rich history with the expectations of a 21st century classroom, the iconic symbol of lace has been incorporated into a revised core curriculum called LACE: Liberal Arts Core Education.

The new curriculum requirements begin with a foundation of skills in written and oral communication, critical and quantitative reasoning, and language. As sophomores, students will select courses that incorporate the Mount’s Five Pillars of Distinction: Innovative Teaching and Learning, Spirit of the Founders, Women, Community, and Global Awareness and Understanding.

Over their third year, students will delve into their courses with more depth and broaden their learning. They will examine issues with a multidisciplinary approach. Students may study, for example, the sociobiology of food by using environmental science to look at food production and a sociological lens to examine food consumption.

“This revised program gives us a chance to dive deep into topics and study them from new perspectives,” said Jennifer Chotiner, PhD, associate professor and chair of biology. Chotiner led the committee that worked with the entire faculty assembly to craft the new core curriculum.

LACE will require a capstone element, a major project undertaken in the student’s final year. Depending on the student’s major, this could take the form of a significant research project or an original creative work, such as a piece of creative writing, a short film or a painting or sculpture.

All incoming Mount students will take the first-year seminar, which will integrate core competencies with practical skills. An important aspect of the newly redesigned course is a “Common Read” — a book read and discussed by all seminar students. This year’s selection is “My Beloved World,” the bestselling memoir by Supreme Court Justice Sonia Sotomayor, which has been met with great enthusiasm.
Building a culture of research

Over the summer, research projects at the Mount created unique and innovative alliances. A global politics student and a Spanish studies major examined how social identities are formed; a biology major and a biochemistry student studied the effect of manganese in E. coli; and an art student and a social work major created a publication about feminism and gender identity.

These collaborations were made possible through the Keck Summer Undergraduate Research Program, launched in 2015 with funding from the W.M. Keck Foundation. This year, the program challenged 12 students from a variety of disciplines with what may be the biggest research projects of their undergraduate careers.

“The Keck program gives Mount students a taste of the thrill of research and a sense of what the ultimate reward might be for them and society,” said Paul Green, PhD, philosophy professor and summer program coordinator.

The Keck scholars worked under the guidance of six faculty mentors in conducting research projects that ranged from the scientific to the literary.

The Mount has a long history of strong academic partnerships between students and faculty.

“Those relationships are fundamental to creating a 21st century learning culture that connects the best interdisciplinary research practices with in-classroom instruction and other campus initiatives, such as the annual Academic Symposium,” said Kim Middleton, PhD, director of the Center for Academic Innovation and Creativity. “Integrating research into our undergraduate programs will be a game changer for Mount students.”
Innovation in Global Learning

Experiencing education through different perspectives

TAKING THE CLASS FROM LOS ANGELES TO LONDON

Separated by an ocean but bound by common interests, two educators made history this summer as pioneers in the Mount’s inaugural faculty exchange.

Charles Bunce, assistant professor and director of the film and media program for Weekend/Evening College, visited and taught at Richmond, the American International University in London, while John Chua, associate professor of communications at Richmond, came to Los Angeles to teach Documentary Filmmaking for Weekend/Evening College.

The professorial swap was an offshoot of a partnership between the Mount and Richmond which began in 2014. The collaboration aimed to increase global opportunities for faculty and students.
At Richmond’s Kensington campus, Bunce taught the Introduction to Film Studies course. He also presented research at Richmond’s annual Summer Fellows Symposium about the use of science fiction as a tool to address issues of social justice and human rights.

While at the Mount, Chua worked on a documentary about women’s issues in developing countries, a project Bunce is now helping edit.

Eric Apfelstadt, PhD, director of the Center for Global Initiatives, helped initiate the exchange. The success of this first collaboration sparked an excitement that both institutions have for future partnerships.

“I hope the faculty members gain a deeper appreciation of the students, programs, and academic communities at one another’s universities; that they come away with new ideas for teaching and research; and that they will return home invigorated by the experience,” Apfelstadt said.

Bunce believes the exchange over the summer will strengthen ties between the Mount and Richmond.

“My time in London reinforced my belief that a semester abroad can be such a powerful cultural and educational experience for both faculty and students,” he said. “We hope that this exchange will serve our students as they become leaders in their communities and in the world at large.”

EXPLORING INNOVATION IN U.S. AND CHINESE EDUCATION

Step beyond stereotypes and explore “Two Roads, One Journey,” a new exhibition created by Nancy Pine, PhD, professor emerita, based on her book “Educating Young Giants: What Kids Learn (and Don’t Learn) in China and America.”

Both the book and the exhibition highlight the similarities and differences between education in China and the United States.

“We both want what the other has,” Pine said. “Americans want more studious, focused students who are good at math; the Chinese want innovative students who can create imaginative ideas.”

“Educating Young Giants” is the first book to compare Chinese and American elementary and high school education. It examines issues ranging from each country’s teaching styles to cultural influences and educational philosophies. The book also provides insight on how both nations can improve schools and help students thrive.

Pine has more than 20 years of research and consulting experience in China’s schools and colleges. She taught in U.S. elementary and high schools prior to joining the Mount’s faculty in 1995. She founded the forward-thinking Bridging Cultures: U.S./China program at Mount Saint Mary’s, and she directed the Elementary Education program for 10 years. She was the leading scholar for the “Two Roads, One Journey” exhibition, featuring a day in the life of two fourth graders, Ping and Sam.

The exhibition was on view at California State University, Fullerton this fall and will move to other venues next year, including China.

More information about Pine’s groundbreaking research on China can be found on the Mount’s website, msmu.edu, under Center for Cultural Fluency.
Scholarship recipients at the 2016 Scholarship Appreciation Luncheon.
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Kimberly Freeman
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Barbara L. Buckman ’63
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Elaine C. Camuti ’69
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Mary Margaret Darmody ’58
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Genevieve Castellanos Denault ’53
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Julio M. Torres, MD
Janet K. Robinson and Christopher E. Turner
## Fiscal Report

**Fiscal Year 2015 (July 1, 2015 to June 30, 2016) — unaudited**

### Assets

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<th>Category</th>
<th>Amount</th>
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<td><strong>Current assets:</strong></td>
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<td>Cash and cash equivalents</td>
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<td>Receivables, net:</td>
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<tr>
<td>Student loans, tuition and other</td>
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<tr>
<td>Contributions</td>
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<td>Deposits, supplies and prepaid expenses</td>
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<td><strong>Long-term assets:</strong></td>
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<td>Receivables, net:</td>
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<td>Student loans, tuition and other</td>
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<td>Contributions</td>
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<td>Investments</td>
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<td>Beneficial interest in funds held in trust</td>
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<td>Property, plant and equipment, net</td>
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<td><strong>Total long-term assets:</strong></td>
<td>216,392,796</td>
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<tr>
<td><strong>Total assets:</strong></td>
<td>$236,854,548</td>
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### Liabilities and net assets

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<td><strong>Current liabilities:</strong></td>
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<td>Accounts payable</td>
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<td>Accrued payroll and payroll taxes</td>
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<td>Deposits and deferred revenues</td>
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<td>Accrued liabilities</td>
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<td>Annuities payable</td>
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<td>Annuities payable</td>
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<td><strong>Total long-term liabilities:</strong></td>
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<td><strong>Total liabilities</strong></td>
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| Net assets:                                   |                 |
| Unrestricted                                  | 122,349,090     |
| Temporarily restricted                        | 46,723,734      |
| Permanently restricted                        | 53,181,402      |
| **Total net assets**                          | 222,254,226     |
| **Total liabilities and net assets:**         | $236,854,548    |

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### Mission Statement

Mount Saint Mary’s University offers a dynamic learning experience in the liberal arts and sciences to a diverse student body. As a Catholic university primarily for women, we are dedicated to providing a superior education enhanced by an emphasis on building leadership skills and fostering a spirit to serve others. Our measure of success is graduates who are committed to using their knowledge and skills to better themselves, their environments and the world.

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**msmu.edu**

*The President’s Report and Honor Roll of Donors is produced annually by the Communications and Marketing department, Office of Institutional Advancement. To reach the editors, please email communications@msmu.edu.*

**Editors:** Kimberly Kenny, Pia Orense, Debbie Ream  
**Contributors:** Joan Cashion, David Garcia, Glenn Marzano, Tamara Murga, Sue Ott, Watchara Phomicinda, Anissa Rivera, Megan Shockro, Avni Thakkar
Members of the Class of 2016 walk along Adams Boulevard during the procession from Doheny Campus to St. Vincent’s Church for Graduation Mass on May 11.
Upcoming

Feb. 22
President’s Scholarship Appreciation Luncheon, Chalon Campus, hschraeder@msmu.edu

March 23
Report on the Status of Women and Girls in California™, Skirball Cultural Center
msmu.edu/statusofwomen

April 8
Ready to Run™, Doheny Campus, msmu.edu/r2r

May 8
Commencement 2017, Shrine Auditorium, msmu.edu/commencement

May 28
Pilgrimage to Le Puy, France, sgreen@msmu.edu

Report on the Status of Women and Girls in California™